

# St. Mary of the Expectation

## 5K Run/Walk & Kid's 1k

**Saturday, April 13, 2024**

*All proceeds go to support our youth ministry!*

*"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us"- Hebrews 12:1*



**Race day specifics** will be updated on the parish website & sent to the email address provided! The event will begin approximately 8am at Rustic Oaks Park 5101 Orange Blossom Ct. League City, TX 77573.

**Awards** – Top Boy and Girl in 1K! Top Male and Top Female in 5K! Plus our **Fun Awards!**

### RETURNING THIS YEAR:

Participants will receive an Event T-shirt, goodie bag and post race refreshments!

**Packet Pick-Up** will be Friday, April 12<sup>th</sup> at St. Mary Catholic Church

➔ **Registration must be received by Saturday, April 1<sup>st</sup> to guarantee a T-shirt.** ➔

Online registration also available \*\*

### REGISTRATION FORM

\*\*Online payment also available

Participant Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Team Name: (optional) \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email address: \_\_\_\_\_

**T-Shirt Size:** (Please circle one) **ADULT:** Small Medium Large X-Large XX-Large **YOUTH:** YS YM YL YXL

Emergency Contact: \_\_\_\_\_ Phone number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### Race Options:

\_\_\_\_\_ 5K (10 years and older) - \$35

\_\_\_\_\_ 1K (10 years and younger) - \$25

\_\_\_\_\_ Donation Only (I will be sleeping in. No T-shirt)

### Payment Method:

\_\_\_\_\_ Cash or Check \_\_\_\_\_

\_\_\_\_\_ PayPal (Look for the link on our website)

\_\_\_\_\_ Faith Direct (Look for the link on our website)

\_\_\_\_\_ I will need onsite child care for the following children while I participate in the event. (Please include names and ages)

**WAIVER (Please read and sign below):** In consideration of acceptance of this entry, I hereby waive and release any and all claims against the Archdiocese of Galveston-Houston and St. Mary of the Expectation Catholic Church and any and all other sponsors and the official site of the 2024 St. Mary Parish 5k/1k Run for any injury or illness which may directly or indirectly result from my participation in the event. I state that I am in proper condition to participate in the event. If participant is under 18 years of age, parent or guardian must agree to waive liability by signing below and waiver applies to entrant and/or parent or guardian. The race director reserves the right to refuse entry.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**VIDEO/PHOTOGRAPHY CONSENT:** I understand that promotional pictures and videos (individual and group) will be taken during this event. I give permission for the race participant's picture to be used for promotional materials (newsletter, web page, calendars, power point, video, etc.) in highlighting the event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Frequently Asked Questions...

## 1. Do I have to run?

No, you can run, walk, skip, whatever! We just want you to come out and have fun!

## 2. Can I participate as an individual or do I have to join a team?

There are both individual and team options. If you register as an individual and decide to join a team later, we can work with you and have your team captain add you to their team.

## 3. How many people do I need to start a team?

You need a minimum of 2 participants to create a team. The more members of your team the merrier!

## 4. Do people really wear costumes or dress alike as a team at these events?

Absolutely! We hope you do! Of course you don't have to, but please feel free to be as creative as you want. Whatever you decide, you won't be alone!

## 5. Can I just make a donation to support our youth and not participate in the actual event?

Of course, we hope you come out to join the fun, but we are truly appreciative of all support! Donations can be made to the general event or credited towards a specific participant or team. There will actually be "awards" related to both participants and teams collecting donations. Sponsorship options are also available.

## 6. I need help with my kids. Is babysitting available?

Yes! Teens of our parish will offer complementary child care on-site for the children of race participants. There is a special place on your registration form to let us know to expect them on race day!

## 7. Can I participate with my child in the 1K race?

Yes, if the child desires, one adult is allowed to participate with their child in the 1K event.

## 8. Can I bring my pet to walk/run with me?

**NO PETS** will be allowed at the Event - this is for the safety of the pets and all the participants.

**If you still have questions, please visit our parish website for the most recent information:**

**[www.saintmcc.org/funrun](http://www.saintmcc.org/funrun) or email [funrun@saintmcc.org](mailto:funrun@saintmcc.org)**

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